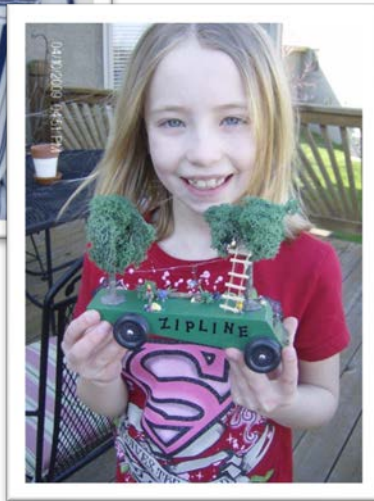


Emma Cosner

Overland Park, KS



BeYOUtiful

Emma has been a Girl Scout for 11 years and is a member of Troop 1872 in Service Unit 675. She is currently a junior at Notre Dame de Sion.

Emma's Gold Award project addressed the issue of individuality and self-confidence in adolescents and teens. With increasing pressure to conform to social norms, Emma wanted to provide education to young kids about the power of positivity and confidence in being themselves. She worked with 5th – 12th graders to create a project together and complete exercises that encouraged self-expression.

Emma worked with local troops, Alexa Buchena (Gold Award advisor and art teacher) as well as parents to find an audience to teach and obtain supplies. Her project will continue by providing the books created during the sessions with their respective groups as well as providing a binder outlining the curriculum outlining and the materials to duplicate the sessions with any teacher or troop leader. By encouraging young girls and boys to believe in themselves, they will grow into a more self-confident generation of leaders.