



Danielle McEathron

Lawrence, KS



Welcomed Wellness

Danielle McEathron has been a Girl Scout for ten years in Troop 7710 in Service Unit 716. She is currently a senior at Free State High School.

Danielle's Gold Award project addressed poor eating habits and behaviors of children. Danielle felt that elementary-aged children lacked the proper educational tools encouraging them to make healthy food choices today and in their future so she created a presentation and toolkit with activities to teach them about healthy eating.

Danielle worked with Deerfield Elementary School and the Boys and Girls Club to deliver her program. Included in her kit were food-related games, activities, play food and recipes for families to make at home. At the conclusion of each of her presentations, Danielle surveyed her participants and received positive feedback. Deerfield Elementary and The Boys and Girls Club will keep the kits Danielle created and will regularly give the presentations.