



Kate Nash

Kansas City, MO

YO Play!

Kate Nash has been a Girl Scout for 10 years and is currently a member of the multi-leveled, homeschool Troop 4222 in Service Unit 620. Kate is a homeschooled sophomore and attends Penn Valley Community College part-time.

Kate's Gold Award project addresses the need to find a creative, enjoyable pastime for kids as opposed to sitting and playing video games. Kate's project, YO Play!, helps kids at Operation Breakthrough and Kansas City Young Audiences put their boundless energy to use in a fun, active way by learning to yoyo. Yo Play! motivates kids to get moving in a way that isn't exercising their triceps; it exercises their brains by having kids put their mind to a goal and trying to complete that goal of learning yoyo tricks, while having tons of fun with friends. In addition, kids, 8-12 years old, are given the opportunity to connect with others, decrease screen and couch time, and increase hand-eye coordination and concentration.

From Yo Play!, Kate overcame obstacles such as too many eager participants and some kids having a difficult time learning to yoyo. Kate intrepidly trampled these barriers and expanded her leadership knowledge and experience.