



Lauren Rankin

Kansas City, MO



Spofford Garden: A Place to Grow Together

Lauren Rankin has been a Girl Scout for 11 years as a member of Troop 470 in Service Unit 611. Lauren is a sophomore at Liberty High School.

Lauren's Gold Award project provides the children supported by Spofford House a place to reduce stress, increase their physical activity and strengthen their team building skills. Lauren partnered with the Spofford House staff and Kansas City Community Gardens to create a therapeutic garden. This garden gives a place for children to learn more about growing and nurturing plants and a quiet place to express their emotions and heal.

Lauren spent a great deal of time coordinating the garden. She also wanted to make sure this garden would continue, so she enlisted ongoing technical services from the Kansas City Community Gardens and gained the support of key Spofford staff to maintain.