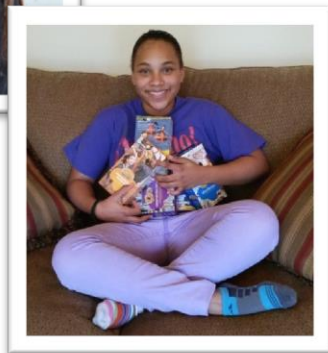




Tehya Frederick

Kansas City, Missouri



What Every Parent Should Know

Tehya Frederick has been a Girl Scout for eight years and is in Troop 1945 in Service Unit 651. She is currently a sophomore at Notre Dame De Sion.

For her Gold Award Project, Tehya wanted to educate parents in her community on important health topics facing teens today including grief, eating disorders and teen suicide. Tehya researched the issues and compiled a video for parents to help them identify issues that their teens might be facing even if they're not talking about them.

Tehya worked with her principal, athletic director and counselor to conduct the research and put the video on the website as well as YouTube, where it can be accessed globally.

Because of Girl Scouts...I feel that I can rise to meet any challenge.