

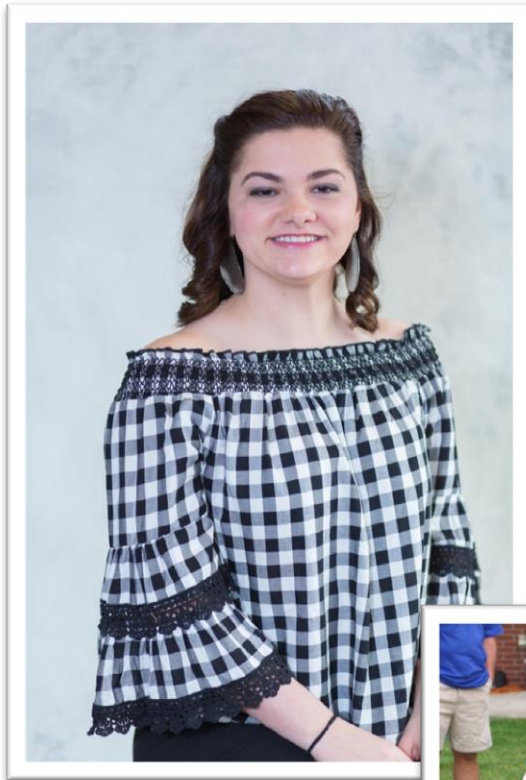
Music Memories

Lauren McBride has been a Girl Scout for ten years and is in Troop 1861 in Service Unit 605. She is currently a senior at Park Hill High School.

Lauren's Gold Award project addressed the issue of trauma-related experiences disrupting the traditional childhood of children. By allowing kids who had experienced abuse to have fun through music, arts and crafts, Lauren hopes to improve their lives and emotional statuses. Trauma can negatively impact kids by making them take on responsibilities that children typically do not endure and take time away from their ability to play. In addition, elderly populations with a lack of mental stimulation also participated in her program and had a positive experience. Providing these opportunities for children and elderly individuals who are experiencing mental deterioration will improve the quality of life for both populations.

Lauren worked with Synergy Services to hold her activity sessions and reach her target audience of children who had experienced abuse. She created a Music Memories website with instructions and ideas that anyone in the world can access and replicate for children in their area. If these programs are expanded, they can help repair the emotional damage caused by abuse. By providing abused children an outlet for expression and time to just be kids, Lauren is improving their mental state that will have a lifelong positive impact.

Because of Girl Scouts... I know that the impact I have made may be focused within my community but the effects resonates greatly.



Lauren McBride

Weatherby Lake, Missouri

