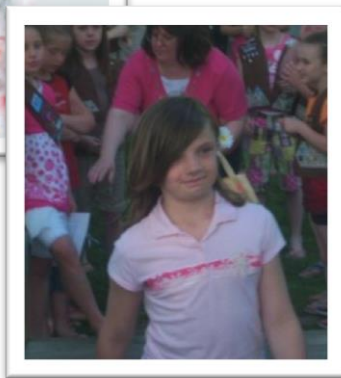




Faithe Neary

Kearney, Missouri



Fidget Quilts

Faithe Neary has been a Girl Scout for eight years and is in Troop 313 in Service Unit 605. She is currently a senior at Kearney High School.

Faithe's Gold Award project addressed the quality of life issues that Alzheimer and Dementia patients face in care facilities. Due to their illnesses, patients can feel disoriented, frustrated and unsafe in the facilities, so the fidget blankets provided activities to help keep their minds occupied. By having something to do with their hands, fidget quilts help reduce stress and frustration. Faithe also added weight to some of the blankets to improve the feeling of safety since the weight simulates the sensation of a hug on the body.

Faithe worked with Oak Pointe Assisted Living & Memory Care and friends and family to create the quilts, educate and distribute them. She created an instructional guide that can be distributed to community members who want to do a kind deed or family members who want to make quilts in the future for loved ones. It is her hope that these quilts will inspire people from all over to help improve the lives of those suffering from Alzheimer's and Dementia by providing the activities they need to keep their minds busy. By providing a feeling of safety and an outlet for frustration, Faithe is improving the lives of a population in need.

Because of Girl Scouts... I have a second family with my three best friends Taylor and Madison Foreman, and Jessica Siercks.