



Brownie Dancer Badge

Pillar: Civic Engagement/Life Skills

Outcomes: Strong sense of self

Learn fun warm-ups, perform steps from new dances, and make a dance of your very own. When you've earned this badge, you'll have explored the world of dancing—and found the dancer inside of you.

1. Warm up and get moving
 - a. Get warmed up by doing a few stretches, jumping jacks, lunges, burpees, or jogging in place for a few minutes
2. Try a new dance
 - a. Look up dance tutorials. You can find different dance styles like Hip Hop, Ballet, Jazz, Ballroom.
3. Take to the floor like a dancer
4. Make up your own dance
5. Show your moves!
 - a. Show off your new skills to your family! You can do this in person or through a video chat with family members. Who knows maybe your family will join in on the fun and dance with you!

Additional online resources:

- Kidz Bop Dance a long: <https://www.youtube.com/playlist?list=PL5pvzdXbuo256vOASwc9AEJv3l00jn5hz>
- Ballet: <https://www.youtube.com/watch?v=6Fz27G6WwWw>
- Zumba Kids: <https://www.youtube.com/watch?v=RoYxG0avSfY>

When you're finished:

Congratulations, you've earned your badge! You can email shopdept@gksmo.org or <https://www.girlscoutshop.com/BROWNIE-DANCER-BADGE> to purchase your new badge.

