



## Junior Independence Badge

**Pillar:** Life Skills

**Outcomes:** Strong Sense of Self

### Juniors will earn their badge by:

1. Get transportation smart
  - a. Go for a walk in your neighborhood with your parents, and ask questions about traffic, traffic signals, and pedestrian rules that you notice. What side of the street do you walk on if there's no sidewalk?
  - b. If you have a bike, go for a ride with your parents, and learn about getting your bike ready and bike safety. (Wear a helmet!)
2. Make your clothes look great
  - a. Shadow your parent while they do the laundry. Learn how to sort loads, and how to use the machines. What should you use if there's a stain?
3. Break a bad habit (biting nails, too much TV, too much phone time, etc.)
  - a. Make a goal tracker by making a calendar in your notebook or planner. Place a sticker in the box when you've gone all day without giving into your habit. Reward yourself when your page fills up with stickers!
4. Help around the house
  - a. Use what you learned in Step 2 (and your parents' permission), and do the laundry for your household to take some stress off your parents.
5. Show off your independence!
  - a. Share your success breaking your bad habit with a family member or teach a family member in the household how to sort their clothes.

**When you're finished:** Congratulations, you have earned your badge! You can purchase by emailing [shopdept@gsksmo.org](mailto:shopdept@gsksmo.org) or at <https://www.girlscoutshop.com/JUNIOR-INDEPENDENCE-BADGE>

No shipping charges apply at this time.

