



Senior Car Care

Pillar: Life Skills

Outcomes: Build a strong sense of self

Seniors will earn their badge by:

1. Get a handle on basic car maintenance
 - a. Look at this Pinterest board: <https://www.pinterest.com/gprograms/senior-car-care-badge/1-get-a-handle-on-basic-car-maintenance/> . Pick at least three of the pins to read/research. Take some notes on things you need to know about taking care of a car.
 - b. Go outside or to the garage and try what you have learned with a parent or other trusted caregiver! Use your car or your family car and try some simple maintenance from the above board.
 - c. Advance your skills! Have your trusted adult help you learn to change a tire on your car or family car. Actually get out the tools, put the car on a jack and remove the tire, then put it back on! Check the oil, check the tire pressure and check the windshield washer fluid!

2. Investigate vehicle safety
 - Do your research! Visit our Pinterest board here: <https://www.pinterest.com/gprograms/senior-car-care-badge/2-investigate-vehicle-safety/> Spend some time looking through the information and learn about distracted driving, insurance and how to choose a safe vehicle.
 - Find out what kind of insurance your family carries on vehicles. Find out how much it costs your family to insure the cars and how many hours a week you would have to work just to cover the cost for the car you drive.
 - Decide what is best to look for when buying a vehicle, then compare what your priorities are with an adult. Discuss why you and they have their chosen priorities and be willing to look at what is best for your safety and reliability.

3. Research safe driving practices
 - Visit this Pinterest board: <https://www.pinterest.com/gprograms/senior-car-care-badge/3-research-safe-driving-practices/>
 - Create a top ten list of safe driving practices, ask an adult to do the same. Compare the lists and discuss the reasons that the choices were made. Are you changing your mind or do you need to extend your list?
 - Make a commercial, your own flyer, infographic or pamphlet, or even a social media post highlighting what you've learned about safe driving practices. Can you make your own Pinterest pin to add to a safe driving board?

4. Find out what to do in case of an emergency
 - Do your research in this board: <https://www.pinterest.com/gprograms/senior-car-care-badge/4-find-out-what-to-do-in-case-of-an-emergency/>
 - Create an emergency kit with things you have at home and put the kit in your car or the family car.
 - Create a cheat sheet for what to do in case of an accident. Include important telephone numbers and put a sheet in each car your family has. You may create it on your computer and email it to friends and family as a Take Action Project! Instruct them to print it off and put it in their cars!

5. Drive for a greener world
 - Research using this board: <https://www.pinterest.com/gprograms/senior-car-care-badge/5-drive-for-a-greener-world/>
 - Learn to calculate mileage and what it will cost in gas to go somewhere.

- Learn ways to cut fuel costs and try them out if you are driving. If you are not driving yet, share the tips with your family.

Videos to help you learn:

<https://www.youtube.com/watch?v=BjX79GsALd8>

<https://www.youtube.com/watch?v=7ClH977DOYg>

<https://www.youtube.com/watch?v=fHPOOWqwV88>

Additional Online Resources:

Are you feeling empowered and excited? Check out these strong women who found a career as auto mechanics and are using their skills to help women in their communities!

<https://www.youtube.com/watch?v=yJxjFSRrSL4>

<https://www.youtube.com/watch?v=e1vUVGVuHlc>

https://www.youtube.com/watch?v=Yfvl_ouunX8

<https://www.youtube.com/watch?v=wzJ7w03nVlY>

When you're finished: Congratulations, you have earned your badge! You can purchase by emailing shopdept@gksmo.org or at <https://www.girlscoutshop.com/SENIOR-CAR-CARE-BADGE>

No shipping charges apply at this time.

