



## Junior | It's Your World-Change It! | Agent of Change

**Outcomes achieved:** Girls promote cooperation and team building. Girls are resourceful problem solvers.

**Materials:** Blindfolds, paper and writing utensils.

### **Activity 1: Trust Me!**

Leader's guide: Session 2 (pgs. 54-59)

Use the natural obstacle course provided by hiking trails to do this trust and team building activity. This is the same activity as page 58 in your leader's guide. Have half of the girls put on blindfolds and the half without blindfolds will "talk" them through a hike. Try for a one-on-one ratio if possible with one girl leading no more than one to two girls. The leading girls can say anything they want to safely get the girls through the hike without physically leading them.

#### ***Prompting questions:***

- Before they get started, have the girls discuss good descriptive words. How will they explain how to step around a limb?
- What makes a good leader? How will you be a good leader? How will you inspire trust in the person you are leading?

### **Activity 2: Group shelter**

Leader's guide: Session 5 (pgs. 72-77)

In this activity, the girls will create a shelter out of materials they have on hand. You can limit your girls to only items already at the campsite, or you can create a scenario in which the girls can use materials they may have brought with them, like clothing, shoelaces, that sort of thing. The goal is for the girls to assess their resources and work as a team to build a shelter for themselves. They cannot use any buildings or tents as part of their shelter.

#### ***Prompting questions:***

- Encourage the girls to plan out their shelter first. What supplies do you have? Where is the best place to build it that will offer natural protection?
- Will you map out their shelter beforehand, or will you start building and see what happens?
- Encourage the girls to think of any skills they may have in this area. Is anyone really good at tying knots? Is anyone really good at puzzles? How can you use what you already know to help you build this shelter?