



Junior | It's Your Planet-Love It! | Get Moving!

Outcomes achieved: Girls feel empowered to make a difference in the world.

Girls feel connected to their communities, locally and globally.

Materials: Paper and writing utensils.

Activity 1: Leave No Trace

Leader's guide: Session 2 (pgs.38-43)

Include a Leave No Trace campout in your Team Energy Pledge. Download the Seven Principles of Leave No Trace to serve as a guide. You may think your troop has always practiced this type of camping, but consider the principles during your planning process. Encourage the girls to bring as little personal items as possible. Try some more rustic cooking techniques to avoid bringing so much packaging with you.

Prompting questions:

(If they've camped before) How does this camping trip compare to other trips? Did it make a big difference practicing Leave No Trace? (If they haven't camped before) How do you feel you've made a contribution to conserving energy by camping this way?

Do you feel you've made a difference as a group?

Can you see the effects of campers that haven't followed Leave No Trace principles at the camp? Do you feel it's worth the effort to camp cleaner? Why?

Activity 2: Wild Kingdom

Leader's guide: Session 3 (pgs. 44-47)

Take the girls on an animal hike. Once you are a ways from the campsite, have the girls stop and concentrate on listening to nature. Encourage them to be as quiet as possible. Hopefully, they will not only hear, but also see some animals. The girls should pay close attention to the animals' calls and mannerisms.

Prompting questions:

If you've spotted an animal, pay attention to what it's doing. Does it seem to be communicating with another animal? Is it searching for food?

Think about how humans relate to each other. Do any of the animals actions seem like humans act with each other?

After the hike, have the girls write or act out the animals they observed. They can choose to write a poem, sketch the animal, or mimic its call. Encourage them to consider the animals' motivation behind their behavior when they're jotting down their impressions of the animals.