



Junior | It's Your Story-Tell It! | aMUSE

Outcomes achieved: Girls develop a strong sense of self.

Materials: Notecards, paper and writing utensils

Activity 1: Girls Rule!

Leader's guide: Session 4 (pgs. 48-55)

This activity is a variation on the Ads Assume activity on page 50 of your leaders guide. Have the girls write down different activities they do at camp, including things like cooking, cleaning, starting a fire, challenge activities, etc. Have them write each activity on a separate notecard. Then mix the note cards up in one bowl and have the girls pull them out one at a time. Ask the girls to identify if those activities are stereotypically a "boys" or "girls" activity. Encourage them to defend their answers.

Prompting questions:

Even though you might be used to doing these activities, do you think people that don't camp very often might think there are "boy" or "girl" activities? Why?

How can you help break that stereotype?

Encourage the girls to discuss each other's choices without being judgmental. You will want to facilitate this type of conversation.

Activity 2: The Storyteller

Leader's guide: Session 5 (pgs. 56-65)

Split the girls into 2 groups. Each group is going to pick something they did at camp that might be deemed a stereotypical "boys" activity. They're going to write a song or act out a play or write a story to read about how doing this activity knocked out the stereotype. Encourage the groups to choose different activities, but if they choose the same activity, ask them to act it out in a different manner. Give the groups time to work together, and they can reveal their story around the campfire.

Prompting questions:

How did you feel while you were doing this activity?

Do you feel stronger as a person now that you have this new skill?

Do you think the stereotype that this is typically a "boy" activity has prevented you from doing it before? How will you teach this skill to other girls to make sure the stereotype is broken?