

## EB Life Guide

Elinor Bortnick has been a Girl Scout for nine years and is in Troop 2091 in Service Unit 620. She is currently a senior at Pembroke Hill School.



Elinor Bortnick

Kansas City, Missouri

**Elinor's Gold Award project** addressed the lack of knowledge individuals have on exam preparation. For her project, she created a website providing students in her community with the resources and knowledge to successfully prepare for upcoming tests. In order to help students learn the importance of preparing properly for exams, Elinor taught the students at Youth Ambassadors how to establish a healthy lifestyle by maintaining a better well-being. She illustrated how to eat healthier, provided stress-relief exercises and included methods to help students de-stress other than working out.

Elinor worked with Youth Ambassadors organization to create a system where students could gain the knowledge to help them earn higher test scores to increase their GPAs while staying in a relaxed state of mind. Even though Elinor faced challenges when creating her website, she learned how to properly display information to her community in an easy-to-follow navigations format. In addition to improving **student's performance and providing the necessary knowledge** Students can continue to benefit from her project by visiting her website.

**Because of Girl Scouts...** I have been able to develop into a confident, independent girl who has learned the importance of caring for others and my community.