



**Kali Forbach**

Bethany, Missouri



## **Diabetes Training**

Kali Forbach has been a Girl Scout for 14 years and is in Troop 8078 in Service Unit 816. She is currently studying Accounting and Business Administration at Graceland University.

Kali's Gold Award project addressed the lack of knowledge about type 1 diabetes in the school system. Kali created an informative training presentation for school staff and a website for people to visit to learn more about what type 1 diabetes is and how they can support students.

Kali worked with her high school, South Harrison High School, to create training for teachers and school staff. She saw that her audience gained skills and knowledge about type 1 diabetes through quizzes before and after her presentation, in which she saw a 36.5% increase. Kali's project will be sustained beyond her involvement through flash drives she provided with the training information and the informative website. Kali hopes that she can make an impact on her school for future students with type 1 diabetes.

**Because of Girl Scouts, I have gained confidence and advanced my leadership skills. Before joining Girl Scouts I was a shy person, I still am to a point, but due to the many leadership opportunities that I have participated in, I have become more confident. I am more confident in myself, my leadership skills, and my ability to be a good person in general. By completing my Bronze, Silver, and Gold Award I have helped to make my community a better place and have gained more leadership skills in the process. By being in Girl Scouts I have had many experiences that have changed my life and that I will never forget. Girl Scouts has made me a better person in general and I am forever grateful for my time spent in Girl Scouts.**