



Cadette Field Day

Pillar: STEAM/Outdoors

When you've earned this badge, you'll know how to organize a field day filled with friends and fun.



Cadettes will follow these steps to earn their badge:

1. Team up and dress up. (Discover, Connect)
 - a. Join your family and/or close friends for a friendly challenge! You pick the game(s), divide up the teams and set up a time and place. Enjoy some friendly competition!
 - b. Get together with your teams and determine a fun uniform using things everyone can find around the house and coordinate. Make it fun for everyone! Take silly team pictures!
 - c. Design a team jersey of your dreams. Think about your sport, team colors and a mascot.
2. Host a historical game. (Discover, Connect)
 - a. Target games have been around for a very long time and take many forms! Now would be a great time to sign up for Archery or Tomahawks at Tongawood or Prairie Schooner.
<https://gsksmo.doubleknot.com/event/calendar/2767>
 - b. If you cannot make it out to camp, set up some targets in your backyard or at a park. Empty cans or bottles will work as targets for bean bags or tennis balls. Paper bull's eyes can be hung from tree branches as well.
 - c. Choose a few historical games and host a play-day with family or other Girl Scouts or GS Troops! Look up the rules to these games and practice playing the games. Once you are good at playing the games, practice explaining the games to a friend or two. Then, invite your people and teach them these games!
 - Hopscotch
 - Red Rover
 - Jacks
 - Marbles
 - Kick the Can
 - Please, Mr. Crocodile, may we cross the river?
 - Explore and find more! Choose at least 3-5 games to teach and play!
3. Play a scientific game. (Discover, Connect)
 - a. Have a paper airplane/fling flyer contest. Each person creates 3 different flyers they think will do the best. Create different challenges and see who does the best in the challenges. Challenges could include, who flies the farthest, highest, straightest, and who can hit the mark. Be creative and add your own challenges!
 - b. Create parachutes out of household items and challenge your friends or family! What parachute stays in the air the longest/shortest amount of time? Extend the challenge to creating a parachute that would keep an egg or cookies from breaking or spilling.



- c. Create small/simple catapults and challenge friends and/or family to see whose catapult will fling an object such as a pom-pom, ping pong ball, water bottle or pop bottle lids, etc. the farthest. Set up a target to see who can get closest to the target using their catapult.
4. Find fun in fiction. (Discover, Connect)
 - a. Take a favorite board game and create a “live action” version. Teach it to others and play it together.
 - b. Try playing an online version of a popular board game with people you know!
 - c. Recreate a game that you found while reading a book or watching a movie.
 5. Stage your grand finale! (Connect, Take Action)
 - a. Take what you did in step 1 and expand it!
 - b. Gather friends and or family, create fun team uniforms out of things everyone can find around their house.
 - c. Create your own field day or playground Olympics! Choose at least five games or challenges that you enjoyed from completing this badge. Cheer everyone on, create fun ribbons or medals as prizes! Each team can choose a walk-up song or a song to play as they win their awards! Be creative and make it super fun for everyone!

When you're finished: Congratulations, you have earned your badge! You can purchase online at <https://www.girlscoutshop.com/CADETTE-FIELD-DAY-BADGE>

You can purchase your Girl Scout Virtual main patch and bars at gsksmo.org/orderpatches.

