

## Friendly and Helpful (Sunny) Petal



### **Pillar:** Life Skills

When you've earned your Sunny petal, you'll know how to be friendly and helpful, just like Sunny the Sunflower.



### Daisies will earn this petal by:

1. Do a Good Turn Daily (Discover, Connect)
  - a. The Girl Scout slogan, which has been used since 1912, is "Do a good turn daily." The slogan is a reminder of the many ways girls can contribute positively to the lives of others.
  - b. Have the girls sit in a circle and toss a beanbag to one of them. That girl says another girl's name, greets her with a "hello" and then say something nice about her. Example: "You have a nice smile." "I like it when you play with me." After the game, have the girls talk about how they felt giving a compliment and receiving a compliment.
2. Sunflower Craft (Discover, Connect)
  - a. Have girls paint their own pictures of Sunny the Friendly and Helpful Petal.  
<https://www.craftymorning.com/simple-fork-print-sunflower-craft/>
  - b. While the girls are working on their paintings show them Daisy Petal Story Time – Sunny's Story  
<https://www.youtube.com/watch?v=Y2uopZwglBw> or email the link to families to watch at home after the meeting.
3. Helping Hands (Take Action)
  - a. Here's an activity for the girls to once again display acts of being friendly and helpful within their own home. The girls' each trace their hand on construction paper, cut out three hands and write 'A Daisy Was Here' on them.
  - b. Girls will perform acts of kindness at home and leave one of the hands in place after each act of kindness. Once they perform three acts of being friendly and helpful and their helping hands are planted, they're all set!

For more ideas, visit our Daisy Friendly & Helpful (Sunny) Pinterest Board:

<https://www.pinterest.com/gprograms/daisy-resources/petal-friendly-helpful-sunny/>

**When you're finished:** Congratulations, you have earned your Friendly and Helpful Petal! Daisy Petals are not sold separately. You can purchase your petal set at <https://www.girlscoutshop.com/Daisy-Petals-Set>.

You can purchase your Girl Scout Virtual main patch and bars at [gsksmo.org/orderpatches](https://gsksmo.org/orderpatches).

