



## Be a Sister to Every Girl Scout (Vi) Petal

**Pillar:** Life Skills

When you've earned your Vi petal, you'll know how to be a sister to every Girl Scout, just like Vi the Violet.



### Daisies will earn this petal by:

- 1) Butterfly Flight (Discover)
  - a) Tell the girls that they are going on a butterfly adventure around the world. Ask girls to sit in “butterfly” position, placing the bottoms of their feet together with knees opened outward, hands on their ankles, and backs straight.
  - b) Begin the flight by fluttering your knees up and down like a butterfly. You can shift your weight right or left while holding on to your ankles to “turn.” Lead the girls as they get used to “flying” and “turning” as one large group.
  - c) Next, lead the girls in “flying” to the first stop—Savannah, Georgia, the birthplace of Juliette Gordon Low (Hyperlink) <https://www.juliettegordonlowbirthplace.org/en/about/about-the-birthplace.html>. Tell the girls this is where Girl Scouts first started. Ask the girls what they see in Savannah. Do they see cobblestone streets or trees with Spanish moss? After talking with the girls about what Savannah is like, “fly” to a new destination chosen by one of the girls.
  - d) Go around and ask each girl individually where she would like to “go” today. After each girl answers, “fly” and “turn” together as a group to that destination. Ask the entire group what kinds of things they see at this destination or other questions they can think of. Then, move on to the next girl and destination.
- 2) Game (Discover, Connect)
  - a) Take turns saying one thing about one of your Daisy Friends that is different from you and why you like it. For example: color of hair, ear piercing, color of shirt, etc.)
  - b) Then say one thing that you have in common. For example: you both like candy or like the same tv show.
- 3) Promise Pals (Connect, Take Action)
  - a) Split girls into small groups of two to four girls or complete the following steps with household members.
  - b) Have each person share with her group one thing that she is going to do at home or at school to show others that she is a sister to every Girl Scout. Ideas include:
    - i. Make up a cool handshake with a friend, and then teach it to other girls who want to learn it.
    - ii. Teach a friend how to do an activity you like to do. Ask her to teach you one of her favorite activities in return.
    - iii. Make a special card or handmade gift for a friend. Include what makes them special.
    - iv. Invite someone new over to play.



- c) Have each person make a promise to the other people in the group identifying how they will be a sister to every Girl Scout. The girls in the group are now Promise Pals. Being Promise Pals is similar to the Girl Scout Buddy System – a long time tradition!
- d) If possible, have the groups check in with each other at another meeting to see if they kept their promises.

For more ideas, visit our Daisy Be a Sister to Every Girl Scout (Vi) Petal Pinterest Board: <https://pin.it/3DfK0m2>

**When you're finished:** Congratulations, you have earned your Be a Sister to Every Girl Scout Petal! Daisy Petals are not sold separately. You can purchase your petal set at <https://www.girlscoutshop.com/Daisy-Petals-Set> or at the GSKSMO Shop. You can book your appointment at [www.gsksmo.org/shop](http://www.gsksmo.org/shop). Be sure to check in with your troop leader if in a troop first as sometimes petals are purchased for all girls at once.



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- CELEBRATE

You can also purchase your Girl Scout Virtual main patch and bars at <https://www.girlscoutshop.com/GSKSMO-Virtual-AllPatch> or just the main patch / bar individually at <https://www.girlscoutshop.com/NE-KANSAS-and-NW-MISSOURI-COUNCIL>.

