



## February Service Opportunity – Art for the Soul

**Use art as a way to express your own feelings and then to share the gift of your work with others.**

We often think of service as collecting items or volunteering hours for an organization, but there are many ways to serve. Some of the greatest service we can offer others is to make them feel recognized and loved. This month we will focus on creating art to share with the people in our lives to brighten their lives.

Creating art is a great way to express your thoughts and feelings. Whether you are having a good day or a bad day, art can be a wonderful opportunity to release some of those feelings.

To kick off the February Service Project, start simple and create a piece of art. Try using a technique or medium that you have not tried before. We have various examples of different forms of art that you can try on our Pinterest board. <https://www.pinterest.com/gprograms/art-for-the-soul/>

Remember, the goal is not to make something that is perfect or looks like something you see online. The goal is to make something that represents you and the way you are feeling! Use the examples for inspiration but make something that is uniquely YOU!

After you have completed your piece, take a photo of your finished artwork and submit to our Virtual Art Show here: [https://www.gsksmo.org/en/events/virtual\\_art\\_show.html](https://www.gsksmo.org/en/events/virtual_art_show.html)

Now it is time to share it with others to brighten their day, or as a reminder that you are thinking about them. You can give someone your piece of art, take a picture to share via social media, email, or text, get creative about sharing your art!

Another way to create meaningful pieces of art this month is to join the new Girl Scouts USA National Service Project! This year, Girl Scouts is teaming up with Wish of a Lifetime from AARP for Cupid Crew 2021, a volunteer-driven effort to create cards and safely send some love to tens of thousands of older adults who are socially isolated. Valentine's Day is the perfect opportunity for you and your troop to reach out and show others that you care—especially those who may be alone on a day that's all about connection! Find out more about the project here: <https://www.girlscouts.org/en/girl-scouts-at-home/troop-leaders/national-service-projects.html#valentine>

Don't forget to log your service hours now:

<https://gsksmo.wufoo.com/forms/x83f8ym0x7rft1/>



Remember, if your Girl Scout(s) complete at least 6 of the 9 months of service projects, she/they will receive the GS Service Star patch for FREE. She must be a registered GSKSMO Girl Scout to receive for FREE. Girls can go back and do service projects from past months as well!

