

## Troop Ideas: September Outdoor Activities



### Troop meeting activities for Girl Scout Daisies and Brownies

Plug any of these outdoor-oriented activities into your troop meeting, for a fun break or to compliment work on one of the Daisy or Brownie Eco badges.



### Try one or more of these activities

#### Meeting activity:

#### Virtual adaptation:

##### Kim's Game

- Assemble a number of natural elements – leaves, bark, sticks, flowers, rocks – as well as some items that don't belong in nature – trash, small toys, kitchen items, etc.
- Assemble the items on a tray or cookie sheet and then cover the tray with a bandana.
- Remove the bandana and have the girls look at the items for a few seconds (15-20 seconds is good for Daisies and Brownies) and then cover the items again.
- Have the girls test their memory by either brainstorming a list of what they saw or individually writing down a list of the items.
- Ask the girls to identify which items belong in nature and which items do not.

- Prior to your meeting, assemble your items, lay them on a tray or dark background, and take a photo OR use one of our photos from our [Brownie Eco Friend Pinterest Board](#).
- Show the photo to girls by sharing your screen for a set time.
- Proceed with the activity as if it were in person.

##### Nature Show and Tell

- Ask each girl to bring one natural item to your troop meeting to share OR take a few minutes during your troop meeting to explore outdoors and ask each girl to find a natural item.
- Give each girl a chance to show their item to the group and tell some information about it. Where did they find the item? How does that fit into the natural world? Is it an animal home? Does something eat this item?
- You might want to pass each item around so that all the girls have a chance to see and touch the item – or display them all on a table to observe more closely.

- Give girls the chance to unplug by asking them to leave the online meeting for five minutes while they go outside and find an item to share.
- Proceed with the activity as if it were in person.
- Have girls hold the item up to their camera so that others can inspect it more closely.

##### Outdoor Scavenger Hunt

- Have the girls come up with an outdoor scavenger hunt list, create your own before the meeting, or print one from our [Outdoor Scavenger Hunt Pinterest](#) page.

- Create a list of common items that families have at home that are useful outdoors – water bottle, umbrella, jacket, hat, backpack, etc.



<ul style="list-style-type: none"> <li>• Give each girl a copy of the scavenger hunt list. Discuss what the items on the list are and where you might find them outside.</li> <li>• Take the girls on a hike at your meeting site, a park, or camp.</li> <li>• Encourage girls to stop and share when they find something on the list.</li> </ul>	<ul style="list-style-type: none"> <li>• Call out the items and have girls grab the item as quickly as possible and bring it back to share with the troop. Let girls know it is OK if they do not have some of the items.</li> <li>• After girls share their items have them discuss why they are useful when spending time outdoors.</li> </ul>
<p><u>Camping Bingo</u></p> <ul style="list-style-type: none"> <li>• Create your own bingo cards or print one from our <a href="#">Camp Bingo Pinterest</a> page.</li> <li>• Give each girl a bingo card and take some time to discuss the pictures on the cards and how they relate to camping.</li> <li>• Call out the name of items on the calling cards and show girls the picture.</li> <li>• Celebrate each bingo win as a troop!</li> </ul>	<ul style="list-style-type: none"> <li>• Send bingo cards to families before the meeting to print OR print and deliver to girls before the meeting.</li> <li>• Proceed with the activity as if it were in person.</li> <li>• Hold calling cards up to the camera along with calling items by name.</li> <li>• Celebrate each bingo win as a troop!</li> </ul>

