

Objectives:

1. Girls will discover their special qualities and the qualities of their sister Brownies
2. Girls will find the values within the Girl Scout Law.

About this meeting:

Girls will review what it means to be a Girl Scout.

With this First 4 Meeting plan, girls will earn the Girl Scout Way Badge

Brownie Girl Scout Way Badge

1. Sing everywhere
2. Celebrate Juliette Low's birthday
3. Share sisterhood
4. Leave a place better than you found it
5. Enjoy Girl Scout traditions



Supplies:

- Kaper Chart (Tin Can with popsicle sticks is simple, portable and easy to assign duties.)
- Flag – small or large
- Friendship Circle: pick an idea below and gather supplies needed for it
- Nametag supplies: paper, markers and scissors
- Icebreaker and Girl Scout game supplies
- Snacks - optional



Prepare Ahead: Pick out 2-3 icebreakers and 3-4 Girl Scout games. Gather the supplies needed. Our Council [Pinterest](#) page, under the Brownie board has several Icebreakers and games to choose from. Many don't require any supplies. Collect supplies for the nametags, flag and create the Kaper Chart.

Meeting Agenda

Pre-Meeting: As girls arrive to the meeting have them decorate name tags. You can create nametags to use throughout the year or for them to wear just once. Girls can write their names with markers and add fun items about themselves such as pictures, cutouts from magazines, words that describe them, etc.

Opening: (5 min.) Gather all girls into the Brownie Ring. A Brownie Ring is the same formation as the Friendship Circle. Open the meeting with the Pledge and Girl Scout Promise and Law. Girls may have a hard time remembering, so help guide them through it as you choose.

- Print it off by each line for each girl to read

- Say the Promise a few times together as a group
- Print it on a board or poster for the first few meetings

Remind the girls you will be opening every troop meeting this way. For a successful first meeting full of fun games and icebreakers, remind girls of the Girl Scout Quiet Sign. Hold your right hand up above your head, palm open. As people in the group see the quiet sign, they stop talking and also raise their hands. Once everyone is silent, the meeting continues.

Activity:

1. **Icebreakers and Games (15 – 20 min.)** Teach girls the icebreaker and games you chose. Let girls play each game a few times if they ask and participate yourself! This is the time to get to know the girls and allow the girls to learn about their Girl Scout sisters.

Business: (10 min.) Introduce the Kaper Chart to the girls. Show the Kaper Chart you have made to the girls. Explain that the Kaper Chart will help girls know their responsibility for that meeting.

- Explain that running, preparing, and cleaning needs to be done.
- Talk about the duties you have written down and ask if they help with any of those chores at home.
- Ask girls if they can think of anything you may have forgotten. If so, add it.
- Tell them that each week they will be assigned a job and by checking the chart they will know their responsibility.

At your next meeting, you will have girls help create your troop rules and teach them a few Girl Scout traditions.

Activity: (15 – 20 min.) Help your girls learn new songs, and then encourage them to sing them together at the end of the meeting. Brownies have their own song, the Brownie Smile Song.

Brownie Smile Song

I've something in my pocket, it belongs across my face.
 And I keep it very close at hand, in a most convenient place.
 I'm sure you couldn't guess it if you guessed a long, long while.
 So I'll take it out and put it on, it's a great big Brownie Smile!

Our council [Pinterest](#) page, under the Brownie board, has several other songs to choose from.

Clean-Up: (5 min.) All girls help clean up the area and leave the area better than you found it! Specific clean up duties can be assigned with the Kaper Chart.

Closing: (5 min.) Friendship Circle

Girl Scouts stand in a circle, crossing their right arm over their left, and holding hands with their friends on both sides. Everyone then makes a silent wish as a friendship squeeze is gently passed from hand to hand around the circle. Create a troop tradition and all turn out of the circle together saying, “Goodnight Girl Scouts” or “Girl Scout Love for Troop #”.

As parents arrive to pick up their girls, continue to play games and sing songs the girls just learned!