

**Objectives:**

1. The girls will review Girl Scout traditions
2. Girls will create troop rules

**About this meeting:**

The girls will review Girl Scout Traditions and be empowered to create their own troop rules with your guidance.

***With this First 4 Meeting plan, girls will earn the Girl Scout Way Badge***

Brownie Girl Scout Way Badge

1. Sing everywhere
2. Celebrate Juliette Low's birthday
3. Share sisterhood
4. Leave a place better than you found it
5. Enjoy Girl Scout traditions



**Supplies:**

- Kaper Chart
- Flag – small or large
- Friendship Circle: pick an idea below and gather supplies needed for it
- Troop Rules supplies
  - Butcher paper, poster board, construction paper, etc.
  - Markers or crayons
- Sit-upon supplies (vinyl sit-upons are wonderful options)
- Snacks - optional

**Prepare Ahead:** Create the Troop Rules board by selecting the paper/board you will be writing the rules on and keep throughout the year. Write, in big writing, your troop number in the middle of the paper. Leave plenty of room for girls and you to write troop rules on the board.

Prepare materials by pre-cutting and having enough supplies for all the girls. Girls can share materials such as scissors, threading needles, hole punches, etc.

Our council [Pinterest](#) page, under the Brownie board, has several sit-upon ideas to choose from.

**Pre-Meeting:** One leader can be setting up supplies for the troop board and sit-upon activities and the other leader can be leading girls in the songs and games you introduced last meeting. As girls arrive, welcome them to join the game! This is a wonderful way to remind girls of what they learned and to minimize the amount of materials required for the meeting. Don't be afraid to repeat.

Prep the sit-upon supplies in a space off to the side that will make it easy to transition when you are ready for the activity.

Take attendance as girls arrive and remind parents who come in what time the meeting will be ending.

## Meeting Agenda:

**Opening: (5 min.)** Gather all girls into the Brownie Ring. Open the meeting with the Pledge and Girl Scout Promise and Law. Girls could still have a little trouble with these, so be prepared to help guide them as you did at the previous meeting.

Picking a couple of girls to help write on the board is a great Kaper Chart job – Meeting Helper!

**Business: (10 min.)** Introduce the troop rule board to the girls.

- Explain to the girls that they get to help make decisions for the troop.
- Help guide them on deciding troop rules for themselves and families.
- Give examples such as: listen to others, be respectful of troop supplies, start on-time, share, etc.
- Be sure to add important ones they didn't mention to the board and explain why it is useful!
- Keep the board with you and hang up in the meeting space throughout the year. This is a good reminder for girls and helps guide conversation for poor behavior.

At your next meeting, girls will be learning about how the Brownies got their name.

**Activity: (30 min.)**

### Sit-upons –

One of the oldest Girl Scout traditions is making your own sit-upon. Girls can use these for the rest of their Girl Scout experience. Feel free to break girls into groups and work with a few at a quicker pace. The other half of girls can be playing games, coloring, etc. Then switch and all can help clean up together!



**Clean-Up: (5 min.)** All girls help clean up the area and leave the area better than you found it! Specific clean up duties can be assigned with the Kaper Chart.

**Closing: (5 min.)** Friendship Circle

Repeat the Friendship Circle closing from the previous meeting. Continue the troop tradition you started at the last meeting!

As parents arrive to pick up their girls, continue to play games and sing songs the girls learned at the last meeting!