

**Objectives:**

1. Get to know each other
2. Set the routine for your Girl Scout troop meetings
3. Learn about Girl Scout traditions

**About this meeting:**

1. Reflect on what it means to be a Girl Scout
2. Learn about each other

***With this First 4 Meeting plan, girls will earn the Girl Scout Way Badge***

Girl Scout Way Badge

1. Match songs to an occasion
2. Celebrate the Girl Scout birthday
3. Share sisterhood
4. Leave a place better than you found it
5. Enjoy Girl Scout traditions!



**Supplies:**

Large sheets of paper, markers  
Posters of the Promise and Law  
Poster for rules, paper for Kapers, markers, pens  
Optional snack  
Posters for priority list and meanings of Promise, markers

**Meeting Agenda:**

**Pre-Meeting:** *Get to know the girls*

As girls arrive, on a large sheet of paper, make one column for “What’s your favorite activity?” and one for “What I Would Like to Do In Girl Scouts?” Have the girls write their ideas on the paper. If you will have snack regularly, consider having another sheet where the girls can make a list of their favorite snacks.

**Opening:** (5 min.) *GS Promise and Law*

Have the girls read the Girl Scout Promise and Law together. Remember to be sensitive to the girls who are brand-new to Girl Scouting; don’t assume that girls know the Promise and Law by heart. Remind the girls you will be opening every troop meeting this way.

**Troop Business:** (10 - 15 min.)

1. Have the girls sit in a circle, on chairs or on the floor. Explain and demonstrate the Quiet Sign.
2. Girls should establish expectations for the troop meetings with guidance from leaders.
3. Help girls decide what form of troop government they want to try. Remind them that they have more responsibility now that they are Juniors. Explain the Executive Board, a Court of Honor and a

Patrol System forms of government. For more information about Junior forms of troop government please see [https://www.gsksmo.org/content/dam/girlscouts-gsksmo/documents/tipsheets/Tip Sheet Troop Governance.pdf](https://www.gsksmo.org/content/dam/girlscouts-gsksmo/documents/tipsheets/Tip_Sheet_Troop_Governance.pdf)

4. Plan to make the Kaper Chart at the next meeting. Brainstorm some tasks that could go on it, such as setting up snack and cleaning up after an activity.

**Snack:** While the girls eat snack, give out Parent Consent, Health History, and Authorization for Medical Treatment to be turned in at the next meeting.

**Major Activity:** (15 – 20 min.)

1. Play the game “Partners.” Have every girl find a partner. If there are cliques, you may want to pull names from a hat. Then, each pair will talk together for five minutes to find out all they can about each other. Each person introduces her partner by telling the group their partners name and several interesting things about her partner. Talk about what sisterhood means in Girl Scouts and why it is important to always be a sister to every Girl Scout. This activity helps the learns learn more about each other.
2. Next, from the pre-meeting activity, make a priority list of what the girls would like to do during the year. Have a few ideas of your own to start the girls’ thinking. Go over the list with the girls to decide how much each activity will cost and the time needed to complete the activity.
3. Lastly, in small groups, have the girls make colorful posters of what the Promise means to them.

**Clean-Up:** (5 min.) All girls help clean up the area and leave the area better than you found it! Specific clean up duties can be assigned with the Kaper Chart that the girls will create next meeting.

**Closing:** (5 min.) Friendship Circle

Girl Scouts stand in a circle, crossing their right arm over their left, and holding hands with their friends on both sides. Everyone then makes a silent wish as a friendship squeeze is gently passed from hand to hand around the circle. Create a troop tradition and all turn out of the circle together saying, “Goodnight Girl Scouts” or “Girl Scout Love for Troop #.”