



# Celebrate Gold

Alysha Khan  
Overland Park, KS



## Project RED

Alysha Khan has been a girl member for 6 years in Troop 4162 in Service Unit 672. Alysha currently attends Blue Valley West High School and will be a senior this fall. After high school, she plans to attend a four year university, majoring in psychology on a pre-med track.

After learning that one in ten women experience period poverty, Alysha decided her project should focus on raising awareness and educating her community. She organized educational presentations to inform people about the challenges many face in accessing menstrual products, confronting stigma and discomfort. She also worked with local stores to organize donations, culminating in an annual fundraiser and donation drive that continues to provide period products to those in need.

Alysha's project, titled Project RED, stands for Rights, Equity, and Dignity which represents importance in making sure that every woman deserves access to menstrual products and education. Her project led to more than 1,000 donations of period products, more than \$1000 in donations, and hundreds of educated individuals. Her project is still growing and continuing its impact to date.

**“Because of Girl Scouts, I learned to lead with courage, confidence, and character. Because of Girl Scouts I’m not afraid to chase the world and uncover it.”**