



Celebrate Gold

Amara Keeler
Kansas City, MO



Bridging Barriers Through Volleyball

Amara Keeler has been a girl member for 12 years in Troop 1503 in Service Unit 620. Amara just completed her freshman year at the University of Missouri, where she is double majoring in psychology and biology on the pre-med track with a minor in journalism.

Amara's project addresses the economic disparity that exists among volleyball players. After researching this issue, and pulling from personal experience in the sport, she identified an economic barrier that existed within a sport she loved. To combat this issue, she hosted a free volleyball camp for the Kansas Public School District that was accessible to all young girls – no matter economic background.\

This camp helped young girls learn the fundamental skills of volleyball and understand the importance of teamwork. At the end of the camp, the girls left with their own volleyballs and a pamphlet of affordable ways to continue playing volleyball. To ensure these resources continue to be available for future students, she provided the camp lesson plans to KCPS, which agreed to implement them into their summer camps.

“Because of Girl Scouts, I’ve had the opportunity to grow my passion for serving others. Now, I’ve had experiences such as serving as the service chair in my sorority to highlight the things I’ve learned. I’ve also discovered the value of strong female friendships and the importance of supporting other women.”