



Celebrate Gold

Brea Cunning
St. Joseph, MO



The Samsara Petal Project

Brea Cunning has been a girl member for 14 years in Troop 1576 in Service Unit 808. Brea just completed her freshman year at Missouri Western State University. She plans to be a psychologist and pursue her PhD.

Brea's project brings awareness to the death toll in Missouri and which groups are more commonly affected by it. Her hope is to help inform the public on the risk of suicide for specific populations and contribute to a reduction in those statistics. Her project focuses on awareness and helping her community have access to resources they or somebody they know may need.

The title for her project came from the word Samsara, a Buddhism term that means the cycle of life, death, and rebirth. In addition, this term is used to promote suicide awareness.

“Because of Girl Scouts, I found myself coming out of my shell more and being less introverted. I also learned more marketing strategies.”