



Celebrate Gold

Jordyn Kline
Basehor, KS



Lift, Laugh, Love

Jordyn Kline has been a girl member for 12 years in Troop 5463 in Service Unit 661. Jordyn recently graduated from Lansing High School. She plans to attend Kansas City Kansas Community College and major in Biology.

Jordyn's project aimed to provide important safety information around weightlifting. After seeing many people make dangerous mistakes while lifting, she wanted to make safe lifting possible through educational videos. In the videos, she explains how to bench, squat, and clean with proper form, and how to avoid common mistakes when lifting.

By providing these tips, she's not only making healthy initiatives accessible to anyone, but helping people prevent injuries. These educational videos are free to the public and available for anyone wanting a safe, healthy, fitness routine.

“Because of Girl Scouts, I have learned to keep an open mind and lead with pride and respect.”