

## Celebrate Gold

## **Tasneem Fatimah**

Overland Park, KS



## Heartfelt Healthcare

Tasneem Fatimah was a girl member for ten years in Troop 3113 in Service Unit 672. She is a freshman at Missouri Southern State University, where she attends a combined medical program with the Kansas City University School of Osteopathic Medicine.

Tasneem was inspired to address inequities in healthcare access for her Gold Award project. In an effort to help people who lack insurance or refugees and immigrants who may not understand the U.S. healthcare system, Tasneem organized a free health clinic with two local physicians at the Islamic Circle of North America (ICNA) Relief Food Pantry in Raytown, Missouri. Visitors to the clinic were able to receive basic medical monitoring (oxygen levels, heart rate, and blood pressure) and consult with a physician to receive advice. Tasneem also created pamphlets with information on free healthcare resources in the area and healthy lifestyle tips for illness prevention to continue to help her community.

Twelve patients visited the free clinic and rated their care an average of 4.75/5, reporting that while they struggled with healthcare access, Tasneem's project offered them important resources and information. Thanks to Tasneem, the ICNA Relief Food Pantry has a plan to continue offering this essential medical care to underserved populations.

Because of Girl Scouts...I learned the value of effective collaboration, healthy friendship dynamics, taking initiative and presenting myself with confidence.