

Markie Nava

Blue Springs, MO



Grown Veggies on the Farm

Markie Nava has been a Girl Scout for 5 years in Troop 1472 in Service Unit 647. She will be a senior in the fall at Blue Springs High School with plans to attend community college through the A+ scholarship program and then to UMKC for her undergraduate work. From there, Markie plans to enter medical school.

Markie's Gold Award project built a garden for Owl Hollow Farms in an effort to provide the organization with fresh fruits and vegetables. Owl Hollow Farms provides programming for young people with ADHD and other special needs, and is a place that Markie learned to ride horses and connect with others. She not only built a garden area with raised beds, but also planted tomatoes, eggplant, zucchini, carrots, radishes, pumpkins, and sunflowers. She hopes the organization will not only be able to use the produce for attendees, but also to use the garden for programming.

The creation of the garden area, along with fencing and other infrastructure will provide the organization with years of gardening opportunities. For students with a range of needs, incorporating gardening will unlock not only nutritional education, but also opportunities for learning to grow plants and connect with nature.

Because of Girl Scouts...I have learned how to kayak I have also learned how to camp outside, I have also learns how to ax throw, I have also learned how to plain an event and execute it, I went on a staycation at the Elms resort and spa . I was able to learn how to make pottery on a wheel.